

D/O – SAMIR SAMANTA  
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## **EDUCATIONAL QUALIFICATION**

- 2017-2019, Master of Education (M.Ed), Subhas Chandra Basu B.Ed training College, WBUTTEPA, **71.45%(4th SEM)**
- 2012-2013, Bachelor of Education (B.Ed), Subhas Chandra Basu B.Ed training College. Vidyasagar University. **660, 66%.**
- 2009-2011, Nutrition and Dietetics (M.Sc). Vidyasagar Institute of Health. Vidyasagar University. **858, 71.5%.**
- 2006- 2009, Nutrition (H) B.Sc, Vidyasagar University, **473, 59.125%.**
- 2005-2006, Contai Hindu Girl's School (H.S). Contai, Purba Medinipur, West Bengal Council of Higher Secondary Education, **10+2, 558, 55.8%.**
- 2002-2004 Tatkapur Shyama Vidyabhaban, Serpur, Purba Medinipur, West Bengal Board of Secondary Education, **10<sup>th</sup> 474, 59.25%.**
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## **COMPUTER LITERACY**

2017-2018, CITA & DITA, Youth Computer, **94&75%.**

**MS-Office** (Word, Excel and Power point), **Internet** knowledge, and **DTP** (Page maker, Corel Draw, Photoshop).

## **RESEARCH INTEREST**

Common female diseases, Community programme Nutritional and Health status assessment.

## **WORKSHOPS/SHORT COURSES ATTENDED**

1. Training on "Level One Anthropometrist" at MGM, Bhupatinagar, Purba Medinipur, West Bengal, Organized by International Society for the Advancement of Kinanthropometry (ISAK) from 2/11/2018 to 2/13/2018.

## ACHIEVEMENTS AND AWARDS

1. **Awarded 3<sup>rd</sup> prize for the oral presentation entitled** National Seminar on “Environmental Hazards & Waste Management”, organized by Dept. of Zoology, **Mugberia Gangadhar Mahavidyalaya**, Bhupatinagar, Purba Medinipur on 28<sup>th</sup> August, 2018. **Title of the oral presented “Toxic waste harmful to the environment”.**
2. **Awarded 3<sup>rd</sup> prize for the poster presentation entitled** National Seminar on ‘Recent innovations of food and nutritional science’ organized by Dept. of Nutrition, **Mugberia Gangadhar Mahavidyalaya**, Bhupatinagar, Purba Medinipur on 31<sup>st</sup> August, 2018. **Title of the poster presented Hormonal regulation of blood glucose (Diabetes Mellitus).**
3. **Awarded 2<sup>nd</sup> prize for the poster presentation entitled National Seminar** on ‘Role of basic science in translational research applied on biological science and human health.’ Midnapore City College. 5<sup>th</sup>& 6<sup>th</sup> February 2018. **Title of the poster presented. Role of monoamine oxidase inhibitor in human disease”.**

## TEACHING EXPERIENCE

Working as an **Guest Lecturer** from 06.08.2013 at Dept. of Nutrition; **Mugberia Gangadhar Mahavidyalaya**; PO-Bhupatinagar; Dist. - Purba Medinipur; West Bengal – 721425.

## HOBBIES

Teaching, reading novel, listening song, watching movie, traveling, cooking, playing, Recitation etc.

## EXTRACURRICULAR ACTIVITY:

1. Attended Department of Parliamentary Affairs, Govt of West Bengal, “Youth Parliament” competition, 20.02.2007. Kolkata.
2. Attended Ludo competition, sports and cultural competition -2013, 11/2/2013, Subhas Chandra Basu B.Ed Training College, Jararnagar, Henria, Purba Medinipur.

## PERSONAL INFORMATION

Date of birth : 6<sup>th</sup> April, 1989  
Gender : Female  
Father’s name : Samir Samanta  
Marital status : Married  
Nationality : Indian  
Languages known : English, Hindi, Bengali and Oriya

## Teaching Experience

Following subjects are Taught/Teaching by me at Mugberia Gangadhar Mahavidyalaya to B.Sc. Students

1. Food Science (Theory)
2. Food Commodities (Theory)
3. Food, Nutrition and Health (Theory)
4. Information, Education and Communication Including Nutrition Program (Theory)
5. Community Nutrition (Theory and practical)
6. Biophysical, Biochemical principles and Biochemistry of Nutrients (Theory)
7. Physiological Aspect of Nutrition (Theory)
8. Human Nutrition (Theory)
9. Food Microbiology, Hygiene and Sanitation (Theory and practical)
10. Nutritional Biochemistry ( Theory )
11. Meal Management (Practical)
12. Project (Practical)
13. Internship (practical)
14. Nutrition communication and health promotion ( Theory and practical)

## Other relevant information

3. Attended hospital based Internship at Vidyasagar Institute of Health from 2009. 27/1/2009 to 29/1/2009.
4. Attended hospital based Internship at Vidyasagar Institute of Health from 2011. 18/4/2011 to 24/04/2011
5. Attended NSS special winter camp organized by: Mahishadal Girls College (From 10.10.2006-to 19.10.2006). Organised by NSS units of this college under the Vidyasagar University, Midnapore.
6. Attended NSS special winter camp organized by: vidyasagar institute of healthiness' unit-I (From 20.12.2009-to 26.12.2009).

## Professional Membership

1. Sahayata Nutrition, Health, Education and Research Foundation, [www.Sahayata.co](http://www.Sahayata.co) , Membership no-MS- 09082021.
2. Life Membership of Government of India UDYAM Registered Udyam-DL-10-00175898  
রবিবাসরীয় Cultural paper.

## **BOOK CHAPTER**

1. Samanta. M .(2021). Green Revolution and Genetic Engineering .In: Green Engineering and Sustainable Development, Samanta, Maity, Sutradhar (Ed), Narosa Publishing House, New Delhi, Chennai, Mumbai, Kolkata, chapter -13.
2. Samanta. M .(2022). গ্রামীণ এলাকায় শিশুদের স্বাস্থ্য বিধান. In: Anubhav, Maity and Das (Ed), www. Placenta.in. Kochipata Publishing, ISBN: 9789391506667, Chapter-4, P: 40-44.

## **Seminar/Symposium/Conference attended**

### **Title of the paper and poster presente**

#### **International**

1. International Conference on ‘Green Engineering and sustainable development’ Organized by Dept. of Chemistry, Mugberia G. Mahavidyalaya in collaboration with Indian Chemical Society at **Mugberia G. Mahavidyalaya**, Bhupatinagar, Purba Medinipur on 20-21<sup>th</sup> August, 2018. **Title of the poster presented Green revolution and genetic engineering.**
2. International Seminar on ‘Recent trends in science towards sustainable development’ Organized by all science dept, **Acharya Prafulla Chandra College**, New Barakpur, 6<sup>th</sup> and 7<sup>th</sup> August 2018. . **Title of the poster presented Develop the childs health through ICDS.**
3. International Seminar on ‘Multidimensional Approach for Academic Accomplishment of Physical Education as a True Profession’ Organized by Dept. of Physical Education, Mugberia G. Mahavidyalaya in collaboration with Internal Quality Assurance Cell (IQAC) Mugberia G. Mahavidyalaya at **Mugberia G. Mahavidyalaya**, Bhupatinagar, Purba Medinipur on 13-14<sup>th</sup> July, 2018.

#### **National**

1. National Seminar on ‘Recent innovations of food and nutritional science’ organized by Dept. of Nutrition, **Mugberia Gangadhar Mahavidyalaya**, Bhupatinagar, Purba Medinipur on 31<sup>st</sup> August, 2018. **Title of the poster presented Hormonal regulation of blood glucose (Diabetes Mellitus).**
2. National Seminar on “Environmental Hazards & Waste Management”, organized by Dept. of Zoology, **Mugberia Gangadhar Mahavidyalaya**, Bhupatinagar, Purba Medinipur on 28<sup>th</sup> August, 2018. **Title of the oral presented Toxic waste harmful to the environment.**
3. National Seminar on ‘Role of basic science in translational research applied on biological science and human health.’ Midnapore City College. 5<sup>th</sup> & 6<sup>th</sup> February 2018. **Title of the poster presented. a. A new process of nutrition education. b. Comparison of health status between slum and urban areas housewife. c Role of monoamineoxidase inhibitor in human disease”.**

4. National Seminar on ‘**Nutritional modification in therapeutic diet: New approaches to change the usual trends in the field of nutrition**’ Haldia institute of health science. 19<sup>th</sup> January 2018.
5. National Seminar on “Environment Friendly Biodegradable Polymers: Present and Future”, organized by Dept. of Chemistry & Nutrition, **Mugberia Gangadhar Mahavidyalaya**, Bhupatinagar, Purba Medinipur, West Bengal, on 9-10th September, 2015.
6. National Seminar on “**Food fortification in community health: rural perspective of India**’ organized by Dept. of Nutrition, Mahishadal Girls’ college. Mahishadal, Purba Medinipur, West Bengal, 21<sup>st</sup>&22<sup>th</sup> January 2014.
7. National Seminar on “**Application of advance techniques in bio-medical laboratory science**” **Vidyasagar University**, science 25<sup>th</sup> -29<sup>TH</sup> March ,2011
8. National Seminar on “**Food processing: science, technology and self employment**”, organized by **Dept. of Nutrition**, Prabhat Kumar College, Contai, Purba Medinipur, West Bengal, 28<sup>th</sup>-29<sup>th</sup> January, 2011